



## THE FAMED GOLDEN TRIANGLE

Embark on a journey like no other, exploring one of Southeast Asia's most remote and mystical regions. The Golden Triangle, once notorious for its association with the opium trade in the early 21st century, is now a hidden gem simply waiting to be discovered. This region, where the borders of Thailand, Laos, and Myanmar converge, offers far more than meets the eye.

At the heart of the Golden Triangle, the mighty Mekong River serves as the natural boundary and lifeblood of this enigmatic land. But the allure of the Triangle extends beyond these borders, reaching deep into Myanmar and Laos, with the charming city of Luang Prabang marking its easternmost point. The area remains wonderfully untamed, with the Mekong winding through untouched landscapes, embodying a timeless, mystical charm.

The Golden Triangle is steeped in history, culture, and natural beauty. Its unique atmosphere is both magical and captivating, with stunning vistas and rich cultural heritage at every turn. The local communities, known for their warm hospitality and humble way of life, offer a glimpse into a simpler, contented existence.

This curated travel experience takes you on an unforgettable adventure through Northern Thailand, the Upper Mekong, and Luang Prabang. Revel in the region's luxurious accommodations while moving at the leisurely pace of local life, immersing yourself in the captivating beauty and spirit of the Golden Triangle. Let time slow down as you enjoy each moment in one of the world's most fascinating and untouched destinations.





Escapism

A genuine Journey

This exclusive eight-day luxury journey by Heritage Line through the Golden Triangle promises an unforgettable experience filled with authenticity and wonder. Whether you choose to travel upstream or downstream, both itineraries offer equally captivating adventures.

In Laos, the Mekong River - revered as the "Mae Nam Khong" or "Mother of Water" - winds its way through breathtaking landscapes, showcasing untouched local life and pristine nature at every turn. This remarkable voyage allows you to explore one of the most unspoiled regions in Southeast Asia, all while enjoying the finest accommodations and world-class service.

Itinerary

CHIANG RAI • GOLDEN TRIANGLE NORTHERN THAILAND • MEKONG RIVER • LUANG PRABANG [or vice versa]

The map illustrates the Mekong River's path through the Golden Triangle region, where Myanmar, Laos, and Thailand meet. Key locations marked include Chiang Rai in Thailand, the Golden Triangle, Huay Xai, and Luang Prabang in Laos. The river is depicted as a winding blue line, with a dashed line indicating a potential upstream route and a dotted line for a downstream route.

### Upstream

**DAY 1-3**    **Luang Prabang, Laos**  
Rosewood Luang Prabang \*\*\*\*\*

**DAY 4-6**    **Mekong River, Laos**  
Heritage Line 'Anouvong' \*\*\*\*\*

**DAY 6-8**    **Golden Triangle, Thailand**  
Four Seasons Tented Camp Golden Triangle \*\*\*\*\*

### Downstream

**DAY 1-3**    **Golden Triangle, Thailand**  
Four Seasons Tented Camp Golden Triangle \*\*\*\*\*

**DAY 4-6**    **Mekong River, Laos**  
Heritage Line 'Anouvong' \*\*\*\*\*

**DAY 6-8**    **Luang Prabang, Laos**  
Rosewood Luang Prabang \*\*\*\*\*

Travel Highlights

- Stay at three of the most prestigious properties in the region
- Discover the epitome of the Golden Triangle
- Explore the remote upper Mekong - full of adventure, magic sceneries & stunning local life
- Delve into Luang Prabang - Southeast Asia's most charming & captivating town

Unique Benefits

- Fullboard Dining almost every Day
- Complimentary Beverages & Mini-Bar
- Complimentary Spa Treatments at each Property
- A special Gift to remember this exclusive Journey
- And more...





**Day 1** Upon arrival in Luang Prabang, you'll be whisked away to your luxurious retreat at the Rosewood Luang Prabang. Take the rest of the day to unwind and enjoy the hotel's exceptional amenities. For those seeking a bit of adventure, consider optional activities like a private cooking class, or borrow a complimentary bicycle to explore the charming streets of the town. Cycle through peaceful lanes, and perhaps stop at a local café for a refreshing coffee. As evening falls, savour a delicious dinner at the hotel or venture into town for a meal (not included), where you can also visit the lively night market. **Dining:** -

① Pick-up at airport, train station or in Luang Prabang town (guest to advise). Check-in time is 14:00hrs (early check-in is complimentary subject to room availability).

**Day 2** Start your day at dawn with the enchanting century-old tradition of "Tak Bat" (self-arranged via hotel tuk-tuk), where locals gather in the heart of Luang Prabang to offer sticky rice and fruits to monks in a peaceful sunrise procession. Witnessing this serene ritual from a respectful distance is a truly memorable experience. Afterward, return to the hotel and indulge in a lavish breakfast to begin your day.

① Please review a selection of interesting half day tours in Luang Prabang on [Page 11](#).

The rest of the day is yours to enjoy as you wish. Take advantage of the hotel's complimentary spa treatment to relax and rejuvenate. In the evening, treat yourself to a delectable multi-course Laotian meal at the romantic 'Manda de Lao,' widely regarded as one of the finest restaurants in town. Conclude your unforgettable stay in Luang Prabang before embarking on tomorrow's upstream cruise into the heart of the Golden Triangle. **Dining:** B, D

**Day 3** After a delightful breakfast, you will be transferred to the downtown pier to embark on a four-day voyage aboard the boutique ship, Heritage Line 'Anouvong.' As you sail along the Mekong River through the Golden Triangle toward Northern Thailand, settle into your luxurious cabin before attending an insightful lecture on Laos' diverse ethnic groups in the ship's lounge. The first highlight of the journey is a visit to the sacred Pak Ou Caves, home to around 4,000 revered Buddhist statues. Explore the impressive lower cave before choosing from two optional excursions: an adventurous kayak tour along the tranquil Nam Ou River or a visit to the nearby village of Ban Muang

Keo, renowned for its traditional silk weaving and Lao whisky distillation. The voyage then continues to the 200-year-old village of Ban Khok Phou, where the locals, part of the Lao ethnic group, practise mountain farming. The visit culminates with a traditional Baci ceremony, performed by village elders to bestow blessings upon your journey. As night falls, enjoy a welcome cocktail on an elevated sandbank, followed by a mouthwatering barbecue dinner amidst the breathtaking natural surroundings. **Dining:** B, L, D

**Day 4** Start your day with a refreshing yoga session on the terrace deck before enjoying a delicious breakfast. The morning brings a stop at a picturesque village inhabited by Khmu people. Here, you can mingle and meet with different generations who deeply rooted in the land, sustaining their livelihood through manual agriculture. In the afternoon, the journey continues to another village along the Mekong, where the Hmong, Lao Loum, and Khamo ethnic groups live in harmony. A visit to a family home provides an intimate look into the distinct histories and traditions of each group, offering a vivid complement to the insights from earlier lectures. As evening approaches, enjoy a traditional dance performance on the open deck, followed by a cosy cinema night in the lounge. The featured film, "Chiang," which was shot in this region in 1927, will transport you back in time and set the tone for the next day's adventure. **Dining:** B, L, D

**Day 5** As the Anouvong continues its upstream journey, start your day with a post-breakfast bamboo weaving workshop. The rest of the morning is yours to enjoy at your leisure—whether it's indulging in the spa, working out in the gym, or simply daydreaming as the stunning scenery passes by. After lunch, the ship arrives at Pakbeng, where you'll visit Laos' most sustainable elephant sanctuary, nestled deep in the jungle along the riverside. In an almost pristine natural setting, we have the privilege of encountering these majestic creatures. Learn about the sanctuary's vital work and meet elephants roaming freely in their natural habitat, offering an unforgettable wildlife experience. As the ship continues its northbound course, it will anchor for your final night on board. The evening concludes with a relaxed aperitif and a joyful long-table dinner on the terrace deck, where you can enjoy the serene beauty of the Mekong River one last time.

**Dining:** B, L, D

**Day 6** Feel free to enjoy a leisurely morning and extend your snooze if you wish, as breakfast is kept light in anticipation of a lavish culinary brunch later. As we sail deeper into the heart of the Golden Triangle, the day is yours to unwind at your own pace. You can also join a fascinating presentation that delves into the rich and complex history of the Golden Triangle, covering the effects of colonialism, the opium trade, and the intricate roles played by Burma, Thailand, Laos, Britain, and China in shaping this region. As we prepare for the lifestyle highlight of your final day on board, a Lao cooking class will introduce you to the region's culinary delights. This leads into a sumptuous brunch buffet, featuring an array of flavourful dishes and indulgent desserts, served in the restaurant, lounge, or on the terrace deck, ensuring a relaxed dining experience up until an hour before our arrival. Upon docking, you will check out and be transferred to the Lao-Thai border, where you'll pass through immigration. Awaiting you on the other side is staff from the Four Seasons Tented Camp Golden Triangle, ready to take you to your next luxurious destination.

**Dining:** B, L, D

**Day 7** After breakfast, start your day with a guided exploration of local life. Accompanied by an expert camp guide, cruise along the Mekong River in a traditional long-tail boat, venturing into the heart of the Golden Triangle where Thailand, Myanmar, and Laos meet. Immerse yourself in the vibrant local scene by travelling like a native—hopping between songtaews and tuk-tuks to explore bustling markets and hidden gems. Find serenity at the ancient Chedi Luang temple before returning to the resort for lunch. In the afternoon, choose to embark on another thrilling adventure: the "My Elephant & I" experience, where you'll accompany elephants in their natural habitat for an unforgettable encounter. As the day winds down, enjoy a sunset cocktail during happy hour or indulge in a soothing treatment at the resort's spa before savouring your final dinner of the trip. **Dining:** B, L, D

① Excursions included at the Four Seasons Tented Camp Golden Triangle can be arranged as per individual arrival or departure time. The resort concierge will consult and assist.

**Day 8** After a relaxing breakfast, enjoy your remaining time before midday—consider visiting the intriguing Opium Museum for a final cultural highlight. When you're ready, we will transfer you to Chiang Rai, either to the airport or the city centre, marking the end of your journey. We sincerely thank you for joining us and wish you a wonderful onward adventure! **Dining:** B







## CHIANG RAI - LUANG PRABANG DAILY ITINERARY



**Day 1** Your journey begins with a transfer from Chiang Rai to the Four Seasons Tented Camp Golden Triangle resort. Depending on your arrival time, you can spend the rest of the day relaxing at the resort or explore the area on your own. For a local cultural experience, consider a visit to the Opium Museum. **Dining: -**

① Pick-up at the airport or Chiang Rai town (guest to advise). Check-in time is 14:00hrs (early check-in is complimentary subject to room availability).

① Excursions included at the Four Seasons Tented Camp Golden Triangle can be arranged as per individual timing. The resort concierge will consult and assist.

**Day 2** After breakfast, set out on a morning exploration of local life and cultural wonders with a knowledgeable camp guide. Cruise down the Mekong River in a traditional long-tail boat, discovering the Golden Triangle where Thailand, Myanmar, and Laos converge. Immerse yourself in the vibrant local scene, hopping between songtaews and tuk-tuks to explore bustling markets. Seek tranquility at the ancient Chedi Luang temple before returning to the resort for lunch. In the afternoon, choose from another adventure: the "My Elephant & I" experience, where you'll accompany elephants in their natural habitat for an unforgettable encounter. Alternatively, unwind with a happy hour sunset cocktail or indulge in a range of relaxing treatments at the resort's spa before dinner. **Dining: B, L, D**

**Day 3** After an early breakfast, the resort transfers you to the Thai-Lao border. After immigration formalities, the Heritage Line cruise team awaits to transfer you to the ship. During the following four-day voyage aboard the boutique ship Heritage Line 'Anouvong' you traverse the golden triangle on the Mekong River towards the enchanting town of Luang Prabang in Laos. A lecture about Laos' ethnic groups is offered at the ship's lounge whilst sailing to the first stop of the day. The first village is inhabited by the Tai Lu ethnic group spanning across China, Laos, Thailand, Burma, and Vietnam. The highpoint is a traditional Baci ceremony, performed together with the local elders, bestowing us their blessings for this journey. As the night falls, the cruise manager invites you to a welcome cocktail on the elevated sandbank, followed by a barbecue dinner amid astonishing natural beauty. **Dining: B, L, D**

**Day 4** Start your day with a revitalising yoga session on the terrace deck before breakfast. This morning's voyage brings us to the charming town of Pakbeng. Here, nestled in the lush jungle along the riverside, is Laos' most sustainable elephant sanctuary. Discover the unique features of this sanctuary and meet elephants roaming freely in their natural rainforest habitat for an unforgettable wildlife experience. It is a one-of-a-kind encounter to see these gentle creatures appear out of nowhere in the rainforest and learn interesting things about them. As the ship continues its journey southbound at lunchtime, participate in a bamboo weaving workshop to pass the time until we reach Khok Ek River hamlet. In this vibrant community, where Hmong, Lao Loum, and Khamo ethnic groups coexist, visit a local family home to gain insight into the distinct histories and traditions of each group. Before dinner, enjoy a traditional dance performance on the open deck. Afterwards, relax in the lounge with a classic film screening of "Chiang," a 1927 movie filmed in the region. **Dining: B, L, D**

**Day 5** Start your day with an invigorating sunrise yoga session to boost your energy. After breakfast, we'll visit a picturesque village inhabited by the Khmu people. This tranquil locale features bamboo huts elevated on stilts amidst expansive rice fields. Here, you'll meet local residents, including elderly couples and multigenerational families who sustain their livelihoods through traditional agriculture. Returning to the ship, enjoy lunch as we continue our journey to our overnight mooring spot. Once docked, explore the charming 200-year-old village of Ban Khok Phou, whose inhabitants are primarily from the Lao ethnic group. From the village square, observe the local life and immerse yourself in the community's daily activities. As night falls, enjoy a cocktail on the sandbank, followed by a farewell dinner meticulously arranged in this perfect setting. **Dining: B, L, D**

**Day 6** Before reaching Luang Prabang, we will visit the renowned Pak Ou Caves in the morning. These sacred caves house approximately 4,000 Buddhist statues. You'll explore the impressive lower cave and then choose between two exciting options: an adventurous kayak tour along the tranquil Nam Ou River or a visit to the nearby village of Ban Muang Keo, known for its traditional silk weaving and Lao whisky distillation.

Back on board, a cooking class will kick off the lifestyle segment of the day just before lunchtime. Enjoy a delicious brunch served until about an hour before arrival, as you continue to soak in the journey. A captivating presentation will delve into the history of the Golden Triangle, exploring the complexities of colonialism, the opium trade, conflicts, and the roles played by Burma, Thailand, Laos, Britain, and China. We will arrive at the pier in Luang Prabang around three o'clock in the afternoon, where a Rosewood Resort staff member will be waiting to transfer you to the hotel. Once settled, you can either relax and enjoy the exceptional facilities at the resort or explore the charming town of Luang Prabang on a complimentary bicycle provided by the hotel. Pedal through the serene streets and stop for coffee at one of the local cafés. As evening falls, you can choose to dine at the hotel or venture into town (dining not included), where you can also visit the bustling night market. **Dining: B, L**

**Day 7** Start your day at dawn to witness the ancient tradition of alms giving, known as "Tak Bat" (arranged independently via the hotel's tuk-tuk). In this serene sunrise procession, locals gather in the town centre to offer sticky rice and fruits to monks. Observing this ritual from a respectful distance provides a truly exceptional experience in Luang Prabang. After soaking in this early-morning tradition, return to the hotel for a sumptuous breakfast. The rest of the day is yours to enjoy at your leisure. Take advantage of a complimentary spa treatment at the hotel's spa to relax and rejuvenate.

① Please review a selection of interesting half day tours in Luang Prabang on [Page 11](#)

In the evening, indulge in a delightful multi-course Laotian meal at the romantic restaurant 'Manda de Lao,' renowned for its exceptional local fine dining. Enjoy your final night in Luang Prabang, savouring the flavours and ambiance of this charming town. **Dining: B, D**

**Day 8** After a relaxing breakfast, you'll prepare to check out. A staff member from the Rosewood Resort will transfer you to Luang Prabang—whether to the airport, city centre, or train station—for your onward journey. We sincerely thank you for travelling with us and wish you all the best on your next adventure. **Dining: B**





## Optional Tours in Luang Prabang

Personalise your experience and sightseeing in Luang Prabang to suit your preferences. Choose from the following optional half-day tours to explore the enchanting town. Please note that these tours are not included in the travel package price and must be booked separately. Prices are available upon request

### KUANG SI WATERFALL GETAWAY

Spend a half-day discovering the stunning Kuang Si Waterfall, located just an hour's drive from Luang Prabang. Begin your adventure with a guided visit to one of the town's key landmarks, Wat Xieng Thong temple. After exploring the temple, we drive to the Kuang Si Park. Immerse yourself in the lush natural beauty with a leisurely hike, swim in the crystal-clear waters, and visit the Asian Bear Rescue Center. Enjoy a refreshing dip in the cool, turquoise pools, and if you hike to the top of the falls, you'll find tranquil ponds often to yourself. Savour some picnic snacks before returning to Luang Prabang.

Tour Duration: ca. 4.5 hours | Availability: Mornings or Afternoon

### LUANG PRABANG BY BICYCLE

Explore the charming and tranquil town of Luang Prabang on a delightful cycling tour. Pedal along flat, peaceful roads to uncover century-old temples and architectural highlights within this UNESCO World Heritage Site. Venture to the outskirts of town to witness traditional handicrafts, such as the unique saa paper-making process or observe skilled craftsmen creating intricate wooden sculptures. After your tour, enjoy a leisurely lunch at one of the charming cafés or restaurants in the heart of Luang Prabang before heading back to the hotel.

Tour Duration: ca. 4 hours | Availability: Mornings

### CYCLING OFF THE BEATEN PATH

Embark on a half-day cycling adventure outside Luang Prabang, exploring waterfalls, rustic villages, and experiencing local charm. Begin by cycling to the Mekong River, where you'll board a local boat (with your bike) for a 30-minute downstream journey. Upon disembarking, continue cycling to the scenic Hoy Khua waterfall, where you'll enjoy a picnic lunch. The tour then takes you through picturesque Lao villages on mostly flat terrain, offering a glimpse into the daily lives of the local people. Afterward, paddle back to the river and return to Luang Prabang by boat, concluding your adventure at your hotel.

Tour Duration: ca. 5 hours | Availability: Mornings

### BUDDHIST ARCHIVE OF PHOTOGRAPHY

For the past 120 years, Buddhist monks in Luang Prabang have meticulously documented and photographed monastic ceremonies, meditation practices, and pilgrimages. More than 35,000 of these photographs have been discovered across 21 monasteries in Luang Prabang. Supported by the British Library's Endangered Archives Programme, this extensive collection including original photos has been digitalize at achrieved at Wat Khili (not open to the public). Engage with an expert from the Buddhist Archive to gain a deeper understanding of this remarkable collection and its historical significance. Over a cup of tea, delve into discussions and enjoy a unique, immersive experience of Luang Prabang's rich Buddhist heritage.

Tour Duration: ca. 1.5 - 2 hours | Availability: Mornings or Afternoon

Prices are available upon request. Tours are operated by Heritage Line's ground handling partner in Luang Prabang.

**Tour Inclusions:** Private transfers and transportation, sight-seeing as stated in the tour program, local English-speaking guide, entrance fees; snacks and meals as stated in the program; for cycling tours a quality (mountain) bike is provided including helmet; cold towels and water **Tour Exclusions:** Any other service not mentioned in the program or under inclusions; personal expenses, insurance, tips & gratuities.